



Let's hear it for volunteers!
Nobody would cross the finish line without your help!
Thank you for your time and support!

Important Contact Information

Contact information for the on-course volunteer coordinator, all course captains, and the medical coordinator will be provided on the information sheet that course marshals are provided with when they check in with the volunteer coordinator at the Health & Wellness Expo.

Marathon Day Instructions for Course Marshals

1. Be at your assigned course location Sunday morning **on time** and **ready to go**.
2. Stay where assigned – and on the assigned side of the street – and be alert at all times.
3. If you cannot make it, please email volunteer@eugenemarathon.com as soon as you can so we can try to replace you. We are counting on all course marshals to be there on race day.
4. The course closes when the sweeper comes through.
 - a. Put barricades/cones back where the city left them.
 - b. Runners remaining on the course are on their own: tell them so politely and direct them to sidewalks or other pedestrian paths.
5. Marshal/Volunteer demeanor:
 - a. The "4 C's": Calm, Courteous, (in) Command, Cheerleading
 - b. What to do if somebody is aggressive or not listening to requests for keeping the course safe:
 - i. Remain calm. Always stay polite and friendly. Say nothing if the situation escalates and feels unsafe.
 - ii. Call the police if necessary.

- iii. Don't do anything to endanger yourself or the runner's safety.
 - iv. Volunteers do not have police authority; let the police handle escalated situations.
6. What to do if someone needs medical help
- a. If it is an emergency, call 911 immediately then contact the Medical Contact listed above.
 - b. There are trained medical professionals at first aid stations along the course and the medical tents at Valley River Inn and Hayward Field.
 - c. Send another marshal for help if there are multiple marshals close by you.
 - d. Use your cell phone or go to a home on the course and have them call 911 to get help if necessary.
 - e. If there is a runner who does not need emergency care but needs assistance or a vehicle pick up, call the Medical Contact provided on your information sheet.
 - f. If CPR is needed and you are trained to do so, do not hesitate...do it.
7. Personal Details
- a. There are few bathrooms on the course and runners have priority. Use a service station or a home if necessary. There are portable toilets every few miles along the course.
 - b. Bring appropriate layers and styles of clothing for the weather.
 - c. Bring snacks and something to drink, especially for longer shifts.
 - d. If possible, you are permitted to bring a friend/spouse for company and assistance. You may bring a folding or camp chair to sit on for breaks, but please stand to direct runners and pedestrians.
 - e. Plan ahead for your shift duration!
8. You will receive a paper copy of your course location/number, course captain phone number, and all other information relevant to your location at **Volunteer Check-in at the Health and Wellness Expo on the Friday and Saturday before race day. Hours and location can be viewed on the Eugene Marathon website:**
<https://www.eugenemarathon.com/expo-info>

IN CASE OF A LIFE-THREATENING EMERGENCY ON THE COURSE – CALL 911

Course Marshal FAQs

Where is the closest bathroom? Aid station? Water?

The closest locations of these services will depend on your assigned station. At volunteer check-in, you will receive detailed information about your location. We will provide this information to you on the information sheet you receive at check-in.

We will also provide paper maps at volunteer check-in during the Health and Wellness Expo on the Friday and Saturday before race day. These services will be listed as miles along the course. You can use your mile-marker location to determine how far away you are.

What do I do, exactly?

Your responsibility is to make sure the runners stay on course as they pass your assigned spot. You will also assist runners if they are having problems or need assistance. We also encourage cheering on the runners and showing your support!

Can I sit down?

Yes, when there are no runners around. However, if there are runners near, the course needs to be clear and you need to be able to move quickly if needed. You should plan to bring a folding or camp chair with you if you would like to sit down.

What do I need to bring with me?

You will need to bring what was given to you at volunteer check-in, as well as any snacks or beverages you might want, a cell phone (very much encouraged), and anything to make your role more comfortable, such as a chair, umbrella, sunscreen and appropriate layers of clothing for the weather.

What if I have to use the bathroom?

Not all locations have a bathroom close by available for your use. Portable toilets should be used for emergencies only and priority given to the racers. If you need to leave your spot to go to the bathroom, wait until there are no runners passing or have another volunteer cover for you while you are gone. If necessary, you can always call your course captain volunteer and see if they can come cover your spot.

Is there job-specific training available?

Yes! You will receive a link to a training video to help show you what being a course marshal is all about, and you can access the link below. If you have any questions after viewing the video, please contact volunteer@eugenemarathon.com or speak with the volunteer coordinator at volunteer check-in. Please check it out at [Course Marshal Training Video](#)

Will I have to direct/interact with traffic?

Potentially. Calmly approach any vehicles trying to enter the course and nicely explain the situation and direct them to a detour, or wait until there is a break in runners to allow them to cross the course. A smile goes a long way here. If the driver is agitated or “nasty,” remain calm and, if necessary, call a police officer over to help with the situation. Police are at all lighted intersections.

What do I do in case of an emergency?

Remain calm. If it is a life-threatening emergency, call 911. If a participant is injured but does not need emergency medical help, call the medical contact and explain the situation.

Can I bring my kids with me?

Yes, but an adult aged 18 or older needs to wear the safety vest and be in charge at all times. The adult is the one who will talk to traffic or assist in an emergency. Only registered volunteers will receive a volunteer t-shirt.

Do I need to check in a second time on race day?

No. Please check in at the Expo the day before the race. On race day you will just go straight to your posted spot at the assigned time.

What do I do after all the racers have passed by my location?

When all the racers have passed, a course closer in a vehicle or a police officer will pass through and release you from your spot. Please make sure you return your safety vest by either giving it to the course sweeper or dropping it off at the volunteer booth at the Finish Festival.